

## Standard First Aid CPR C agenda For CBT

|             |                                               |
|-------------|-----------------------------------------------|
| 08:00-08:15 | Into, Agenda, House keeping                   |
| 08:15-08:30 | Information and Terms 15 mins                 |
| 08:30-09:00 | Emergency Scene Management 30 mins            |
| 09:00-09:10 | CVE 10 mins                                   |
| 09:10-09:45 | Adult/Child CPR, AED and 2 person CPR 35 mins |
| 9:45-10:00  | Adult/Child choking 15 mins                   |
| 10:00-10:15 | Break                                         |
| 10:15-10:35 | Infant CPR and Choking 20 mins                |
| 10:35-11:00 | Severe Bleeding and Wounds 25 mins            |
| 11:00-11:05 | Burns 5 min                                   |
| 11:05-11:20 | Medical Emergencies 15 mins                   |
| 11:20-11:50 | Secondary Survey 30 mins                      |
| 12:00-13:00 | Lunch                                         |
| 13:00-14:30 | Bone and Muscle Injury 45 mins                |
|             | Head, Spinal and Pelvis injury 30 mins        |
| 15 mins     | Break                                         |
| 14:45-15:45 | Chest Injury 20 mins                          |
|             | Heat and Cold Emergencies 15 mins             |
|             | Multiple casualty Management 45 mins          |
|             | Eye Injuries 15 mins                          |
|             | Poisons 10 mins                               |
| 15:30-15:45 | Quiz 10 mins                                  |
| 15:45-16:00 | Course Evaluations and Certificates 15 mins   |